

# WEEK 1 WINTER MENU



MORNING  
LUNCH  
AFTERNOON

## MONDAY

Yogurt &  
Fruit Platter

Pasta  
Bolognese  
Bake

Homemade  
Biscuits

## TUESDAY

Yogurt &  
Fruit Platter

Coconut curried  
chicken served  
with rice

Platter of dips,  
crackers,  
cheese, carrot  
& celery sticks

## WEDNESDAY

Yogurt &  
Fruit Platter

Assorted  
Sandwiches

Sweet Muffins

## THURSDAY

Yogurt &  
Fruit Platter

Macaroni  
chicken and  
cheese pasta

Homemade  
Slice

## FRIDAY

Yogurt &  
Fruit Platter

Ground beef and  
vegetable  
casserole with  
rice

Scones with  
jam and cream



All meals prepared  
fresh daily by  
our Chef.

All menu ingredients  
available  
upon request.

Daily pureed menu  
for children under  
12months of age.



# WEEK 2 WINTER MENU



**Small Steps**  
ACADEMY

MORNING  
LUNCH  
AFTERNOON

## MONDAY

Yogurt &  
Fruit Platter

Homemade  
Pizzas

Pikelets  
with jam and  
cream

## TUESDAY

Yogurt &  
Fruit Platter

Curried sausages  
with pumpkin  
and potato mash

Savoury  
Pinwheels

## WEDNESDAY

Yogurt, Nut Free  
Muesli &  
Fruit Platter

Sweet and sour  
pork with  
Asian noodles

Platter of dips,  
cheese, carrot  
& celery sticks

## THURSDAY

Yogurt &  
Fruit Platter

Chicken with  
country gravy  
with mashed  
potatoes, peas  
and carrot

Anzac  
Slice

## FRIDAY

Yogurt &  
Fruit Platter

Tuna and  
vegetable  
bake

Sweet  
Muffins

All meals prepared  
fresh daily  
by our Chef.

All menu ingredients  
available  
upon request.

Daily pureed menu  
for children under  
12months of age.





# WEEK 3 WINTER MENU



MORNING  
LUNCH  
AFTERNOON

## MONDAY

Yogurt,  
Nut Free Muesli &  
fruit platter



Vegetable and  
Napolitana  
Spaghetti

Banana  
Cake



All meals prepared  
fresh daily  
by our Chef.

## TUESDAY

Yogurt &  
fruit platter

Slow cooked  
Beef curry  
with rice

Scones served  
with jam and  
cream

All menu ingredients  
available  
upon request.

## WEDNESDAY

Yogurt &  
fruit platter

Chicken and  
vegetable pasta  
bake

Weetbix  
slice

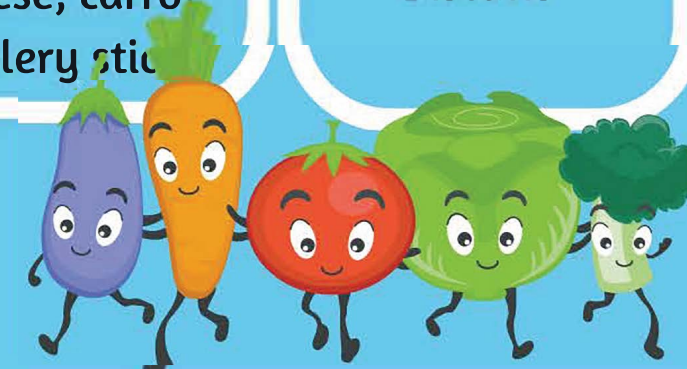
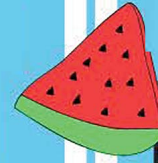
Daily pureed menu  
for children under  
12months of age.

## THURSDAY

Yogurt &  
fruit platter

Savoury mince  
and vegetable  
cottage pie

Platter of dips,  
crackers,  
cheese, carrot  
& celery sticks



## FRIDAY

Yogurt &  
fruit platter

Homemade  
Pizzas

Homemade  
Biscuits



# WEEK 4 WINTER MENU



MORNING  
LUNCH  
AFTERNOON

## MONDAY

Yogurt & fruit platter



Macaroni and vegetable cheese pasta

Chocolate Cake



## TUESDAY

Yogurt & fruit platter

Sausages and onion gravy with pumpkin and potato mash

Sweet Pinwheels

All menu ingredients available upon request.

## WEDNESDAY

Yogurt & fruit platter

Pasta Alfredo with chicken and vegetables

Savoury Muffins

Daily pureed menu for children under 12 months of age.

## THURSDAY

Yogurt & fruit platter

Ground beef and vegetable Stroganoff with rice

Lemon Slice



## FRIDAY



Yogurt & fruit platter

Variety of sandwiches

Platter of dips, cheese, carrot & celery sticks

All meals prepared fresh daily by our Chef.

# WEEK 5 WINTER MENU



AFTERNOON LUNCH MORNING

## MONDAY

Yogurt, Nut Free  
Muesli &  
fruit platter



Butter chicken  
with rice

Platter of dips,  
cheese, carrot &  
celery sticks

## TUESDAY

Yogurt &  
fruit platter

Beef and  
vegetable  
Ravioli

Carrot  
Cake

## WEDNESDAY

Yogurt &  
fruit platter

Cornish  
Sausage Rolls

Homemade  
Biscuits

## THURSDAY

Yogurt &  
fruit platter

Beef and  
vegetable  
Lasagne

Rice cakes  
with assorted  
spreads

## FRIDAY



Yogurt &  
fruit platter

Chicken chow  
mein with wet  
Asian noodles

Chocolate  
Crackles



All meals prepared  
fresh daily by  
our Chef.

All menu ingredients  
available  
upon request.

Daily pureed menu  
for children under  
12months of age.

